



## **2023 HQ4Baseball & Softball Summer Camp at Freedom Park July 17th - 20th**

**Register at [www.HQ4SummerCamps.com](http://www.HQ4SummerCamps.com)**

HQ4Baseball & Softball is partnering with DYSA to offer a great summer camp program for baseball and softball players ages 7 to 12. Top area coaches provide the best training available for youth players in a Fun and Safe format.

### **Instructors:**

- Chet Greeson, HQ4 Instructor, former college baseball player, high school baseball coach
- AJ Wright, HQ4 Instructor, high school baseball coach
- Jalen Benjamin, HQ4 Instructor and local high school baseball coach
- Caleb Stecher, HQ4 Instructor and former player
- Emily Lopez, HQ4 Instructor and former college softball player
- Camps are managed by Al Dahlgren, owner of HQ4Baseball & Softball

### **All Skills Camp:**

- Teaching camp - not baby-sitting camp
- Teaches fundamentals of throwing, fielding and hitting
- Focuses on the specifics of infield and outfield play
- Teaches proper baserunning techniques
- Teaches situational defense
- Offers pitcher and catcher specific instruction

### **Camp Program:**

- Players should dress to play baseball or softball, and bring their bat, glove, helmet, etc.
- Water is provided, but players are welcome to bring their own water bottle, Gatorade, etc.
- Players are divided into baseball and softball groups, then by age and skill level.
- DYSA receives \$10 donation per paid camper
- Each player receives an HQ4 Summer Camp T-shirt

Camp Fee: \$199 per child

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